

EUROPEAN REGIONAL CONFERENCE

Milan, Italy

GBS|CIDP FOUNDATION INTERNATIONAL // ADVANCING CARE ACROSS EUROPE

**Saturday
October 10, 2026**

Sheraton Milano San Siro
Via Caldera, 3
Milan, Italy 20153

9:00 AM
Welcome & Opening Session

Lisa Butler, President & CEO & Richard Sperry, Chief Strategy Officer GBS/
CIDP Foundation International

9:15 AM
**"What's New in Research and
Treatment: An Overview"**

*Presenters: Pietro Doneddu, MD &
Chiara Briani, MD*

Experts highlight the latest advancements in research and emerging treatment approaches for GBS, CIDP, and MMN. Attendees will gain a clear understanding of how current science is shaping improved care and future possibilities.

10:00 AM
**"Residual Symptoms: Understanding
Lingering Struggles in GBS, CIDP &
MMN"**

*Presenters: Tom Harbo, MD, Bart Jacobs,
MD & Pietro Doneddu, MD*

Explore the often-overlooked issue of lingering symptoms — including pain, fatigue, weakness, and sensory changes — after GBS, CIDP, and MMN, and their impact on daily life. Experts will discuss why residuals occur and what strategies may help better recognize and manage them.

11:00 AM
Coffee Break

11:15 AM
Questions & Answers with the Experts

12:15 PM
Lunch Break

1:00 PM
Physio-Kinesiology Exercises

Presenter: Rita Paternostro

Introduces guided movement and exercise techniques designed to support strength, mobility, and recovery. Participants will learn safe, adaptable exercises that can be incorporated into daily routines.

1:45 PM
Mental Health & Wellbeing

Presenter: Dr. Stephanie Yin

A diagnosis of a rare disease doesn't just affect the body, it affects mental health and emotional wellbeing too. Join Dr. Yin as she explores the psychological impact of living with a rare neuropathy.

2:30 PM
Coffee Break

2:45 PM
Patient & Plasma Donor Panel

This unique panel, moderated by the Protein Plasma Therapeutics Association (PPTA), will explore the patient journey from diagnosis to treatment from both the patient perspective, as well as plasma donors, and those who advocate for equal access as well as the very highest standards of care in the production of plasma-derived treatments.

3:15 PM
Panel Discussion:
Meet Volunteers from your region

3:45 PM
Closing Remarks
*Presenter: Nancy Di Salvo, Director of
International Affairs*

4:00 PM
Aperitif & Conversations



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Our Presenters



Eduardo Nobile-Orazio, MD, PhD
Neurology Unit Director at Humanitas Research
GBS|CIDP Foundation's Global Medical Advisory Board Member



Pietro Doneddu, MD
Associate Professor at Humanitas Research Hospital
GBS|CIDP Foundation's Global Medical Advisory Board Member



Chiara Briani, MD
Professor at Azienda Ospedaliera Università Padova
GBS|CIDP Leadership Collaborative Steering Committee Member



Rita Paternostro
Kinesiologist specialized in Preventive and Adapted Physical Activity Sciences and Techniques



Tom Harbo, MD
Associate Professor at Aarhus University and Senior Consultant at Aarhus University Hospital, Aarhus, Denmark
GBS|CIDP Foundation's Global Medical Advisory Board Member



Bart Jacobs, MD
Professor in Immunology and Neurology, The Erasmus University Medical Center, Rotterdam, Netherlands
Vice Chairman, GBS|CIDP Global Medical Advisory Board



Dr. Stephanie Yin
Psychotherapist and Counselling Psychologist, Research and Development Lead at RareMinds, UK

Conference Planning Committee



Eduardo Nobile-Orazio, MD, PhD
Neurology Unit Director at Humanitas Research Hospital



Nancy DiSalvo
Director of International Affairs, CIDP Patient



Pietro Doneddu, MD
Associate Professor at Humanitas Research Hospital



Maureen Neville
Chief Programs and Marketing Officer



Kelly McCoy
Director of Patient Engagement, CIDP Patient



Trevor Sammut
GBS Patient and Volunteer



Flore La Tour
MMN Patient and Volunteer

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One on One Sessions Available!

A limited number of one-on-one private consultations with our Global Medical Advisory Board (GMAB) physicians will be available. This is your chance to connect directly with a medical expert to discuss your diagnosis and/or current treatment. To be considered, patients must register for the event. An application will be sent to registrants a month prior to the event.