

EUROPEAN REGIONAL CONFERENCE

Milan, Italy

GBS|CIDP FOUNDATION INTERNATIONAL // ADVANCING CARE ACROSS EUROPE

**Saturday
October 10, 2026**

Sheraton Milano San Siro
Via Caldera, 3
Milan, Italy 20153

9:00 AM
Welcome & Opening Session
Lisa Butler & Richard Sperry

9:30 AM
“What’s New in Research and Treatment: An Overview”
Experts highlight the latest advancements in research and emerging treatment approaches for GBS, CIDP, and MMN. Attendees will gain a clear understanding of how current science is shaping improved care and future possibilities.



10:15 AM
**“Residual Pain following GBS:
A Neglected Cause of
Residual Disability”**

Explore the often-overlooked issue of ongoing pain after GBS recovery and its impact on daily life. Experts will discuss why it occurs and what strategies may help better recognize and manage it.

10:45 AM
Coffee Break

11:00 AM
Q&A

12:00 PM
Lunch Break

1:00 PM
Physio-Kinesiology Exercises

Rita Paternostro
Kinesiologist specialized in Preventive and Adapted Physical Activity Sciences and Techniques

Introduces guided movement and exercise techniques designed to support strength, mobility, and recovery. Participants will learn safe, adaptable exercises that can be incorporated into daily routines.

1:30 PM
Mental Health & Wellbeing
For the Rare Journey
Presenter: For Rare Minds

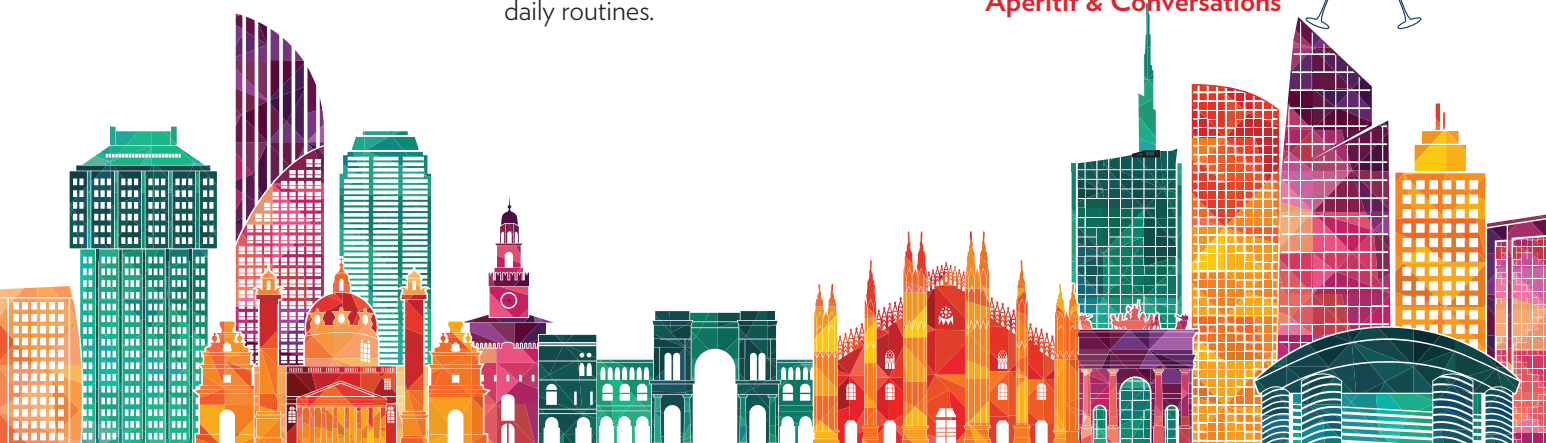
2:00 PM
Coffee Break

2:45 PM
Patient & Plasma Donor Panel
This unique panel, moderated by the Protein Plasma Therapeutics Association (PPTA), will explore the patient journey from diagnosis to treatment from both the patient perspective, as well as plasma donors, and those who advocate for equal access as well as the very highest standards of care in the production of plasma-derived treatments.

3:15 PM
Meet Volunteers from your region:
Panel Discussion

3:45 PM
Closing Remarks

4:00 PM
Aperitif & Conversations



SUPPORT // EDUCATION // RESEARCH // ADVOCACY

Our Presenters



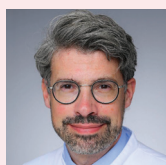
Eduardo Nobile-Orazio, MD, PhD
Neurology Unit Director at Humanitas Research Hospital



Pietro Doneddu, MD
Associate Professor at Humanitas Research Hospital



Chiara Briani, MD
Professor at Azienda Ospedaliera Università Padova



Helmar Lehmann, MD
Professor of Neurology, University Hospital Cologne, Germany



Rita Paternostro
Kinesiologist specialized in Preventive and Adapted Physical Activity Sciences and Techniques



Stojan Peric
Assistant Professor Neurology Clinic, Clinical Center of Serbia, University of Belgrade



Tom Harbo, MD
Associate Professor at Aarhus University and Senior Consultant at Aarhus University Hospital, Aarhus, Denmark



Bart Jacobs, MD
Vice Chairman, GBS|CIDP Global Medical Advisory Board, Professor in Immunology and Neurology, The Erasmus University Medical Center, Rotterdam, Netherlands

European Planning Committee



Eduardo Nobile-Orazio, MD, PhD
Neurology Unit Director at Humanitas Research Hospital



Nancy DiSalvo
Director of International Affairs



Pietro Doneddu, MD
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Maureen Neville
Chief Programs and Marketing Officer



Kelly McCoy
Director of Patient Engagement



Flore La Tour
MMN Patient and Volunteer



Trevor Sammut
GBS Patient and Volunteer

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BE SURE TO TAKE NOTE OF THIS EXCLUSIVE OPPORTUNITY

A limited number of one-on-one private consultations with our Global Medical Advisory Board (GMAB) physicians will be available. This is your chance to connect directly with a medical expert to discuss your diagnosis and/or current treatment. To be considered, patients must register for the event. An application will be sent to registrants a month prior to the event.