

EUROPEAN REGIONAL CONFERENCE

Milan, Italy

GBS|CIDP FOUNDATION INTERNATIONAL // ADVANCING CARE ACROSS EUROPE

**Saturday
October 10, 2026**

Sheraton Milano San Siro
Via Caldera, 3
Milan, Italy 20153

9:00 AM
Welcome & Opening Session
Lisa Butler & Richard Sperry

9:30 AM
“What’s New in Research and Treatment: An Overview”
Experts highlight the latest advancements in research and emerging treatment approaches for GBS, CIDP, and MMN. Attendees will gain a clear understanding of how current science is shaping improved care and future possibilities.

10:15 AM
“Residual Pain following GBS: A Neglected Cause of Residual Disability”
Explore the often-overlooked issue of ongoing pain after GBS recovery and its impact on daily life. Experts will discuss why it occurs and what strategies may help better recognize and manage it.

10:45 AM
Coffee Break

11:00 AM
Q&A

12:00 PM
Lunch Break

1:00 PM
Physio-Kinesiology Exercises
Rita Paternostro
Kinesiologist specialized in Preventive and Adapted Physical Activity Sciences and Techniques
Introduces guided movement and exercise techniques designed to support strength, mobility, and recovery. Participants will learn safe, adaptable exercises that can be incorporated into daily routines.

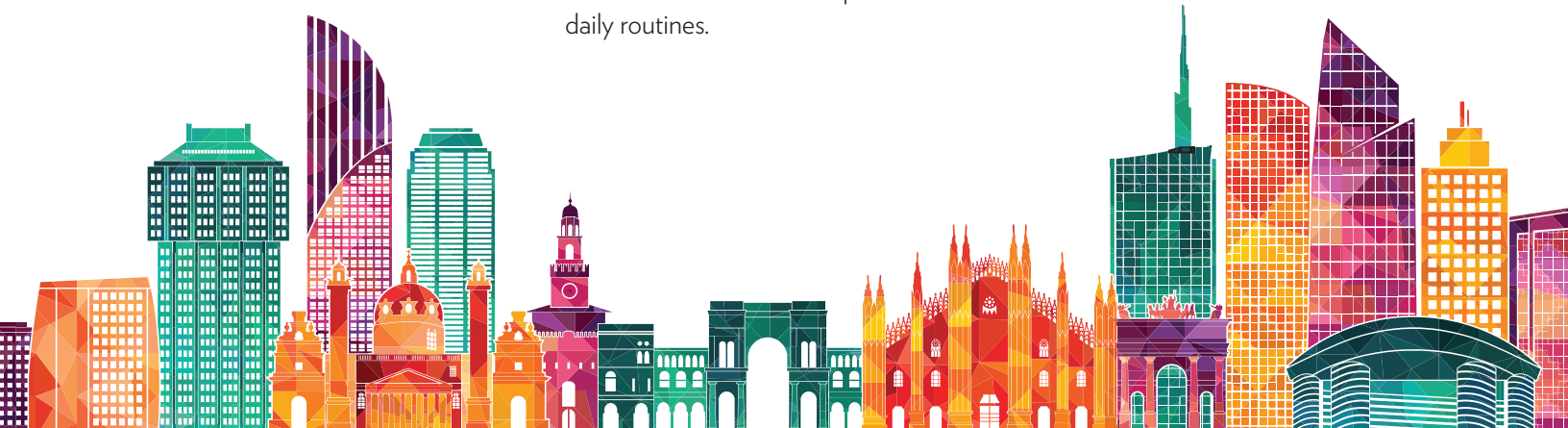
1:30 PM
Mental Health & Wellbeing
For the Rare Journey
Presenter: For Rare Minds

2:00 PM
Coffee Break

2:30 PM
Patient/Volunteer Stories, Prospective, Projects
Learn from individuals living with GBS CIDP and MMN as they share their personal experiences. These stories highlight real-world challenges and resilience, helping to build connection and community across attendees.

3:30 PM
Closing Remarks

4:00 PM
Aperitif & Conversations



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Our Presenters



Eduardo Nobile-Orazio, MD, PhD
Neurology Unit Director at Humanitas Research Hospital



Rita Paternostro
Kinesiologist specialized in Preventive and Adapted Physical Activity Sciences and Techniques



Pietro Doneddu, MD
Associate Professor at Humanitas Research Hospital



Stojan Peric
Assistant Professor Neurology Clinic, Clinical Center of Serbia, University of Belgrade



Chiara Briani, MD
Professor at Azienda Ospedaliera Università Padova



Tom Harbo, MD
Associate Professor at Aarhus University and Senior Consultant at Aarhus University Hospital, Aarhus, Denmark



Helmar Lehmann, MD
Professor of Neurology, University Hospital Cologne, Germany



Bart Jacobs, MD
Vice Chairman, GBS|CIDP Global Medical Advisory Board, Professor in Immunology and Neurology, The Erasmus University Medical Center, Rotterdam, Netherlands

European Planning Committee



Eduardo Nobile-Orazio, MD, PhD
Neurology Unit Director at Humanitas Research Hospital



Nancy DiSalvo
Director of International Affairs



Pietro Doneddu, MD
Associate Professor at Humanitas Research Hospital



Maureen Neville
Chief Programs and Marketing Officer



Kelly McCoy
Director of Patient Engagement



Trevor Sammut
GBS Patient and Volunteer

Flore La Tour
MMN Patient and Volunteer

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BE SURE TO TAKE NOTE OF THIS EXCLUSIVE OPPORTUNITY

A limited number of one-on-one private consultations with our Global Medical Advisory Board (GMAB) physicians will be available. This is your chance to connect directly with a medical expert to discuss your diagnosis and/or current treatment. To be considered, patients must register for the event. An application will be sent to registrants a month prior to the event.