

Thursday, September 11

TIME	EVENT	LOCATION
12:00 PM – 5:00 PM	Registration	Centennial Ballroom Foyer
6:00 PM	WELCOME TO COLORFUL COLORADO! Opening Reception Join us for dinner, connection, and a joyful kickoff to the Symposium—celebrating community in true Colorado style! Welcome from Board President Corbin Whittington	Centennial Ballroom
8:00	Meet & Greet with Sweets Bringing patients together by region—one sweet connection at a time. Hosted by GBS CIDP Foundation's Regional Directors.	Centennial Ballroom Foyer



NEW IN 2025!

Old Friends Connecting for the First Time

Whether you're a patient or a caregiver, the Soul Circles offers a quiet, welcoming place to take a breath, share your experience, or simply feel understood. Join us for sessions focused on mental wellness, emotional resilience, better communication and building community—because healing happens with heart.

SESSIONS INCLUDE:

- Women's Healing Group – Sandra Bermúdez
- Men's Support Group – Shane Sumlin, Zach Chopek & Dr. Al Freedman
- Partners Circle – Better Communication for Loved Ones During Difficult Times – Eric Christian
- Care Partners Circle
- LGBTQ Support Group
- Young Adults Group
- Parent to Parent

DISCLAIMER: Information presented at the 2025 GBS|CIDP Foundation Symposium is intended for general educational purposes only and should not be construed as advising on diagnosis or treatment of Guillain-Barre Syndrome, CIDP, MMN or any other medical condition. *As always, all decisions regarding your healthcare should be made with your personal physician.*

Friday, September 12 - *Care for the Body*

TIME	EVENT	LOCATION
8:00 AM	Registration: All Day	Centennial Ballroom Foyer
8:15 AM	BREAKFAST	Centennial Ballroom Foyer
8:30 AM	HyQvia Patient Story Share with Julianna (<i>Sponsored by Takeda</i>)	Centennial Ballroom
9:00 AM	Event Kickoff & Welcome Words: Lisa Butler, President & CEO	Centennial Ballroom
9:15 AM	KEYNOTE Keynote Title Charisma Mangahas, GBS Patient	Centennial Ballroom
9:45AM	PLENARY Understanding Your Immune System: Insights on Autoimmunity, Vaccines & Health Dr. Maureen Su	Centennial Ballroom
10:30 AM	PLENARY - 2025 DAVID R. CORNBLATH RESEARCH PANEL DISCUSSION Redefining the Future: Outcomes from the GBS CIDP Leadership Collaborative Dr. Jeff Allen, Dr. Claudia Sommer, Lisa Butler & Corbin Whittington	Centennial Ballroom
11:15 AM	MORNING BREAK	Centennial Ballroom Foyer
11:30 AM	BREAKOUTS Focus on the Future: The Changing Landscape for Treatments & Innovation in Research CIDP: Dr. Chafic Karam GBS: Dr. Thomas Harbo MMN: Dr. Karissa Gable	
12:15 PM	LUNCH	Centennial Ballroom Foyer
1:15 PM	Power-Up Your Conversations (<i>Sponsored by Grifols</i>) Tamara Loos, RN, BSN, MSCN, IgCN, Nurse Educator, Grifols	Centennial Ballroom
1:45 PM	PLENARY Ease the Pain: Explore practical tools and treatment options to help manage nerve pain, featuring insights from a leading clinician and a patient's experiences. Dr. Claudia Sommer & Corbin Whittington	Centennial Ballroom

TIME	EVENT	LOCATION
2:30PM	BREAKOUTS Treatments – Expecting the Unexpected: A Long-Term View of Your Treatment Journey CIDP: Dr. David Saperstein & Patient GBS: Dr. Bart Jacobs & Patient MMN: Dr. Thom Harbo & Patient	
3:15 PM	BREAKOUTS Growing Older, Staying Informed: A Patient's Guide to Aging with GBS, CIDP & MMN CIDP: Dr. David Saperstein & Patient GBS: Dr. Bart Jacobs & Patient MMN: Dr. Thom Harbo & Patient	
4:00 PM	AFTERNOON BREAK	Centennial Ballroom Foyer
4:15 PM	BREAKOUTS Ask the Experts: Bring your questions to this interactive breakout session featuring leading neuromuscular specialists from the GBS CIDP Foundation's Global Medical Advisory Board. CIDP: Dr. Karissa Gables, Dr. Jeff Allen, Dr. Chafic Karam GBS: Dr. Bart Jacobs, Dr. Diana Castro, Dr. Mamatha Pasnoor MMN: Dr. Thom Harbo, Dr. Richard Lewis, Dr. Sami Khella	
	Dinner on Your Own: Explore downtown denver & enjoy a night out!	Downtown Denver
7:30PM	Trivia Night Join Chicago's Trivia King (and CIDP patient!) Dave Ahrens for a night of laughs, snacks, and team-based trivia fun. Connect, compete, and unwind!	Centennial Ballroom

GBS|CIDP “ZEN DEN”

Meditation, Mindfulness, and Yoga

LOCATION: Silver Room

FRIDAY & SATURDAY: See registration desk for daily schedule of activities

- ▶ Yoga Nidra – Calm the Mind, Calm the Body
- ▶ How to reduce Anxiety and Strengthen the Nervous System
- ▶ Improve your Posture in 15 minutes a day
- ▶ How do we stay Balanced – Literally and Figuratively

Saturday, September 13 - *Care for the Soul*

TIME	EVENT	LOCATION
8:15 AM	BREAKFAST	Centennial Ballroom Foyer
8:30 AM	Living with CIDP – Matt's Story (<i>Sponsored by Pfizer</i>)	Centennial Ballroom
9:00 AM	MORNING WELCOME Kelly McCoy, Director of Patient Engagement	Centennial Ballroom
9:15 AM	PLENARY: KEYNOTE Title to come Dr. Al Freedman	Centennial Ballroom
9:45AM	PLENARY Meet the Interdisciplinary Health Committee (IHC) Here to Help You Get Your Life Back	Centennial Ballroom
10:15 AM	PLENARY Here to Help: Social Work Support & Resources for Patients Chrissie Jenkins, Morgan Duhe & Patient	Centennial Ballroom
10:45 AM	MORNING BREAK	
11:00 AM	PLENARY Shake it Up – Creative Ways to Keep Moving & Discover New Hobbies Bryn Mawr Rehab & Elizabeth (MMN Patient)	Centennial Ballroom
11:45AM	Living Vividly with VYVGART Hytrulo (<i>Sponsored by Argenx</i>)	Centennial Ballroom
12:15 PM	LUNCH	
1:15 PM	BREAKOUTS STORYTELLING SESSION: Storytelling Workshop Change for Balance FROM PATIENT TO ADVOCATE: Finding Your Role in the Foundation's Mission Learn how you can turn your experience into impact. Whether you're a patient, caregiver, or passionate supporter, this session will explore the many ways to get involved with the GBS CIDP Foundation—from peer support and advocacy to events and outreach.	

TIME	EVENT	LOCATION
2:00 PM	CIRCLE OF CARE The Importance of a Care Team in Treating the Patient, Not Just the Disease Dr. Bart Jacobs, Chrissie Jenkins, Eric Christian & Patient	Centennial Ballroom
2:30 PM	BREAKOUTS Connecting Mind & Body Lynn Goldberg, Founder of the Breethe app Glow Through What You Go Through: Adaptive Tips for Getting Ready A physical therapist and occupational therapist share practical, everyday strategies to help make your morning routine easier, more comfortable, and empowering—no matter your mobility or energy level.	
3:15 PM	AFTERNOON BREAK	
3:30 PM	HOLD Industry Spot (#5)	Centennial Ballroom
3:00 PM	PATIENT EMPOWER HOUR Hear powerful stories from patients and care partners that celebrate resilience, connection, and the strength we find in one another.	Centennial Ballroom
6:30 PM	CLOSING CELEBRATION A Night with the Stars Enjoy dinner, raffles, and the big reveal of our next Symposium location—celebrating the heart of our community: our patients and care partners!	Centennial Ballroom



The Wellness Walkway is an area of the exhibit hall that will offer patients living with rare immune related neuropathies, products and services to help them improve quality of life as they walk the path of GBS, CIDP and MMN.